

Syllabus for Class XI (COMMERCE & HUM) 2012-2013

English

nit - I

HORNBILL

1. The Portrait of a Lady
2. "We're Not Afraid to Die..... if We Can All be together
3. Discovering Tut: The Saga Continues

POETRY

1. The Photograph
2. The Voice of the Rain

SNAP SHORTS:

1. The Summer of the Beautiful white Horse.
2. The Address
3. Ranga's Marriage

NOVEL

1. The Caterville Ghost
2. Chapter 1 to 4

WRITING

Notice, Advertisement Classified, Factual Description, Report Writing Job Application, Letter to the Editor

GRAMMAR

Editing, Rearranging Sentences, Ommiting

UNIT-II

SECTION I : READING - Comprehension, Note Making

SECTION II : WRITING

Display ads, Article Writing, Report Writing, Formal Letters (letters of complaint, enquiry, for order placement) and

Unit I, Poster, Job Application and writing skills of the 1st unit.

HORNBILL

6. The Browning Version
8. Silk Road
7. The Adventure

POETRY

1. The voice of the Rain
3. Father to Son
2. Childhood

SNAPSHOTS

6. The Ghat of the only world
8. The Tale of Melon City
7. Birth

ACCOUNTS

UNIT - I

1. Introduction to Accounting
5. Journal, Ledger, Trial Balance
2. Accounting Terms
6. Subsidiary Books
3. Accounting Concepts & Principles
4. Accounting Equation

UNIT - II -

Syllabus of Unit - I

1. Depreciation, Reserves and Provisions
4. Bank Reconciliation Statement
2. Final Accounts I, II
5. Account for Not for Profit Organisation
3. Rectification of Errors
6. Bills of Exchange

ECONOMICS (COMM & HUM)

UNIT - I (PART-A)

- | | |
|-------------------------|--|
| 1. Introduction | 2. Collection, Organisation of Data |
| 3. Presentation of Data | 4. Measures of Central Tendency (i) Mean (ii) Median (iii) Mode |

PART-B

- | | |
|--|--|
| 1. Indian economy on the eve of Independence | 6. Eco reforms since 1991 or New Economic Policy |
| 2. Five year Plan in India | 7. Poverty |
| 3. Features, Problems, Policies of Agriculture | |
| 4. Strategy of Industrial Growth (1947-90) | |
| 5. India's Foreign Trade | |

FINAL TERM

Syllabus of Unit -I and Project Work

Part-A

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|-----------------------|------------------|
| 1. Standard deviation | 2. Correlation |
| 3. Regression | 4. Index Numbers |

(Part-B)

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|----------------------------|--|
| 1. Inflation | |
| 2. Human Capital Formation | 4. Infrastructure |
| 3. Employment | 5. Comparative Development Experiences |

BUSINESS STUDIES

UNIT - I

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|-----------------------------------|---------------------------|
| 1. Nature and Purpose of Business | 2. Business Services |
| 3. Forms of Business Organisation | 4. Formation of a company |

UNIT FINAL

UNIT - I (FULL SYLLABUS) AND CHAPTERS

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|--------------------------------|--|
| 1. Sources of Business Finance | 2. Private, Public and Global Enterprise |
| 3. Small Business | 4. Internal Trade |
| 5. International Business - I | 6. International Business - II |
| | 7. Social Responsibility and Ethics |

PSYCHOLOGY

UNIT - I

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|-----------|------------------------------|-----------|----------------------------------|
| Chapter 1 | What is Psychology | Chapter 2 | Methods of Enquiry in Psychology |
| Chapter 3 | The Basis of Human Behaviour | Chapter 4 | Human Development |
| Chapter 7 | Memory | | |

UNIT -II

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|--------------|---|-------------|----------------------------------|
| Chapter I | What is Psychology | Chapter II | Methods of Enquiry in Psychology |
| Chapter III | The Basis of Human Behaviour | Chapter IV | Human Development |
| Chapter V | Sensory, Attentional and Perceptual Process | | |
| Chapter VI | Learning | Chapter VII | Human Memory |
| Chapter VIII | Thinking | Chapter IX | Motivation and Emotion |

POLITICAL SCIENCE

UNIT -I

Book :- India Constitution at Work NCERT

Lesson No.

- | | |
|--------------------------------------|--|
| 1. Constitution Why? and How? | 2. Rights in the Indian Constitution |
| 4. Executive | 5. Legislature |
| 6. Judiciary | 7. Federalism |
| 9. Constitution as a living document | 10. The Philosophy of the Constitution |

Book :- POLITICAL THEORY NCERT

UNIT - FINAL SYLLABUS) (BOTH BOOKS)

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|----------|------------------------------------|
| Lesson 1 | Political Theory : An Introduction |
| Lesson 3 | Equality |
| Lesson 6 | Citizenship |
| Lesson 8 | Secularism |
| Lesson 9 | Peace |

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|-----------|----------------|
| Lesson 2 | Freedom |
| Lesson 4 | Social Justice |
| Lesson 5 | Rights |
| Lesson 7 | Nationalism |
| Lesson 10 | Development |

ਪੰਜਾਬੀ

ਯੂਨਿਟ - ਪਹਿਲਾ

ਪੁਸਤਕ ਕਾਵਿ ਕਮਾਈ-

| | | |
|------------|---|---------------------------------------|
| ਬਾਣੀ ਧਾਰਾ | - | ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ, ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ |
| ਸੂਫੀ ਧਾਰਾ | - | ਬਾਬਾ ਸ਼ੇਖ ਫਰੀਦ, ਸ਼ਾਹ ਹੁਸੈਨ |
| ਵਾਰ ਧਾਰਾ | - | ਭਾਈ ਗੁਰਦਾਸ, ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ |
| ਕਿੱਸਾ ਧਾਰਾ | - | ਦਮੋਦਰ, ਪੀਲੂ |

ਪੁਸਤਕ - ਵਾਰਤਕ ਰਿਸ਼ਮਾਂ

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|-------|-------------------|---------------------------------|------------------|
| ਪਾਠ - | 1. ਹੁਕਮਨਾਮਾ | 2. ਕੀਰਤ ਤੇ ਮਿੱਠਾ ਬੋਲਣਾ | 3. ਭੇਡ ਚਾਲ |
| | 4. ਹੱਸਣਾ ਤੇ ਕੂਕਣਾ | 5. ਨੌਜਵਾਨ ਇਸਤ੍ਰੀਆਂ ਤੇ ਮਰਦਾਂ ਨੂੰ | 6. ਵਹਿਮ ਤੇ ਵਹਿਮੀ |

ਨਾਵਲ - ਪਹੁ ਫੁਟਾਲੇ ਤੋਂ ਪਹਿਲਾਂ

ਵਿਆਕਰਣ:

ਲੇਖ, ਚਿੱਠੀਆਂ, ਮੁਹਾਵਰੇ, ਅਖਾਣ, ਵਿਸ਼ਰਾਮ ਚਿੰਨ੍ਹ, ਵਾਕ ਵੰਡ, ਵਾਕ ਸ਼ੁੱਧੀ, ਅਣਡਿੱਠਾ ਪੈਰਾ, ਪੈਰਾ ਰਚਨਾ।

ਯੂਨਿਟ - ਦੂਜਾ

ਪੁਸਤਕ ਕਾਵਿ ਕਮਾਈ-

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| ਬਾਣੀ ਧਾਰਾ | - | ਗੁਰੂ ਰਾਮ ਦਾਸ ਜੀ, ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ |
| ਸੂਫੀ ਧਾਰਾ | - | ਬੁੱਲੇ ਸ਼ਾਹ, ਸੁਲਤਾਨ ਬਾਹੂ |
| ਵਾਰ ਧਾਰਾ | - | ਨਜ਼ਾਬਤ ਖਾਨ, ਸ਼ਾਹ ਮੁਹੰਮਦ |
| ਕਿੱਸਾ ਧਾਰਾ | - | ਵਾਰਸ ਸ਼ਾਹ, ਹਾਸ਼ਮ, ਕਾਦਰ ਯਾਰ |

ਪੁਸਤਕ - ਆਪ ਬੀੜੀਆਂ

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| ਪਾਠ - | 1. ਹੇਅਰੇ ਗਲਿੱਫ | 2. ਧੌਲਾਧਾਰ ਦਾ ਪੁੱਤਰ | 3. ਘੱੜਮ ਚੌਧਰੀ |
| | 4. ਨੈਸ਼ਨਲ | 5. ਮੁਆਵ ਕਰਨਾ | 6. ਝੜੇ ਕਦੇ ਨ ਝੁਰਹਿ ਮੁੜੇ |

ਨਾਵਲ - ਪਹੁ ਫੁਟਾਲੇ ਤੋਂ ਪਹਿਲਾਂ

ਵਿਆਕਰਣ:

ਲੇਖ, ਚਿੱਠੀਆਂ, ਮੁਹਾਵਰੇ, ਅਖਾਣ, ਵਿਸ਼ਰਾਮ ਚਿੰਨ੍ਹ, ਵਾਕ ਵੰਡ, ਵਾਕ ਸ਼ੁੱਧੀ, ਅਣਡਿੱਠਾ ਪੈਰਾ, ਪੈਰਾ ਰਚਨਾ।

PHYSICAL EDUCATION THEORY SYLLABUS

UNIT - I

1. Concept of Physical Education

- 1.1 Meaning and Definition of physical education its aim and objectives.
- 1.2 Need and importance of physical education
- 1.3 Misconceptions about Physical Education & its Relevance in Inter Disciplinary Context
- 1.4 Philosophies of Physical Education - Idealism, Naturalism, Pragmatism and Humanism
- 1.5 Fundamental concepts of Biomechanics in Physical Education and Sports - Laws of Motion, Force, Friction and Projectiles.

2. Career aspects in Physical Education

- 2.1 Physical Education as a profession
- 2.2 Professional Ethics
- 2.3 Physical Education and Career Options

- 2.4 Avenues for Career Preparation
- 2.5 Self Assessment for Career Choices.
3. Olympic Movement
 - 3.1 Ancient Olympics
 - 3.2 Modern Olympics
 - 3.3 Olympic Ideals and Objectives
 - 3.4 Values through Olympic Movement - Friendship solidarity, Fair Play and Free of Discrimination
 - 3.5 Olympic Symbols
4. Measurements in Sports
 - 4.1 Meaning and its importance in physical education and sports
 - 4.2 Kraushweber Test
 - 4.3 Calculation of BMI
 - 4.4 Calculation of Waist Hip Ratio
 - 4.5 Rock Port One mile Test. (Content & Administration)
 - 4.6 AEPHER Physical Fitness Test
 - 4.7 Measurement of Heart Rate
5. 5.1 History of the Game/Sport
- 5.2 Latest General Rules of the Game/Sport
- 5.3 Specifications of Play field and related sports equipments.
- 5.4 Important Tournaments and Venues
- 5.5 Proper Sports Gear and its importance
6. 6.1 Fundamental Skills of the Games/Sports
- 6.2 Specific Exercises of Warm up and conditioning
- 6.3 Related Sports Terminologies
- 6.4 Sports Awards
- 6.5 Common Sports Injuries & its Prevention
- 6.6 CBSE Sports and its Organisational Setup.

UNIT -II

Health concepts of Physical Education

- 1.1 Role of Physical Education Programme on Individual and family
- 1.2 Community Health Programme
- 1.3 Effects of Alcohol, Tobacco and Drugs on Sports Performance.
- 1.4 Life Style Management and sports - obesity hypertension and stress

Sociological Aspects of Physical Education

- 2.1 Meaning of Sociology
- 2.2 Concept of Sports Sociology and its importance
- 2.3 Games and Sports as Man's cultural Heritage
- 2.4 Socialization in sports at Home, School and community
- 2.5 Leadership through Physical Education Programmes.

Physiological Aspects of Physical Education

- 3.1 Warming up-General and Specific and its physiological basis.
- 3.2 Functions and Effects of exercise on Muscular and skeletal systems.
- 3.3 Functions and effects of exercise on respiratory and circulatory systems.
- 3.4 Factors affecting the physical fitness components

Changing Trends in Physical Education and Sports

- 4.1 Concepts and Principles of Integrated Physical Education
- 4.2 Concept and Principles of Adapted Physical Education
- 4.3 Concept and components of occupational health hazards
- 4.4 Concept and components of health related fitness
- 4.5 Sports for all